

# TAIN Café

@ RATHCROGHAN VISITOR CENTRE



## MENU

### All Day Breakfast

All Breakfast marked with \*\*\* comes with Lyons Tea or Lavazza Coffee, Freshly Baked Homemade Brown Bread or Toast.

<b>JUMBO BREAKFAST ***</b>	€10.90
3 Sausage, 3 Rashers, 2 Eggs, Mushroom, 2 Black & White Pudding, Beans, Onion Rings, Fries.	
<b>FULL IRISH BREAKFAST ***</b>	€8.90
2 Sausage, 2 Rashers, Black & White Pudding, Onion Rings, 2 Eggs, Mushrooms, Beans, Fries.	
<b>VEGETARIAN BREAKFAST ***</b>	€7.50
2 Eggs, Tomato, Beans, Mushrooms, Fries, Onion Rings, Fried Onion.	
<b>3 EGG OMELETTE</b>	€6.00
ADD ANY FILLINGS €0.50 Per Filling	€0.50
<b>Ham, Cheese, Mushrooms, Onion, Peppers, Sausage, Tomato, Bacon, Sweetcorn, Grilled Red Peppers.</b>	
<b>MINI BREAKFAST with TEA/COFFEE</b>	€5.00
1 Sausage, 1 Rasher, 1 Egg, Black & White Pudding. <b>Add Toast or Brown Bread for €1.00</b>	
<b>SCRAMBLED OR POACHED EGG &amp; TOAST</b>	€5.50
<b>TEA/COFFEE &amp; TOAST, BUTTER &amp; JAM</b>	€3.00
<b>TEA/COFFEE &amp; FRUIT SCONE</b>	€4.50

## Sandwiches

All Sandwiches are made to order and are available on Brown or White Bread, Wraps, Floury Bap or Ciabatta Bread, Toasted or Plain.

<b>SANDWICH WITH 2 FILLINGS</b>	€4.50
<b>Fillings Available</b> Tuna, Ham, Chicken, Cheese, Salad, Onion, Tomato, Sweetcorn, Peppers, Sundried Tomato, Grilled Red Peppers, Pickled Red Cabbage.	€0.50 Extra
<b>B.L.T/C.L.T</b>	€6.50
Bacon/Chicken with Salad and Tomato on Toasted bread of your choice.	
<b>CLUB SANDWICH</b>	€7.50
Triple Decker with Bacon, Chicken, Tomato & Salad on Toasted Bread of your choice.	
<b>CHICKEN GOUJON WRAP</b>	€6.50
Breaded Chicken, Salad, Tomato, Red Onion. With choice of Mayonnaise, Sweet Chili or Relish Dressing.	
<b>TUNA &amp; SWEETCORN MELT</b>	€6.50
Tuna & Sweetcorn with melted cheddar cheese on a toasted Bap.	
<b>TOASTED SPECIAL</b>	€6.50
Ham, Tomato, Onion, Cheese. On Toasted Bread of Your choice.	

ADD Tea/  
Coffee €1.50

ADD Soup  
€2.50

# Main Courses @ Táin Café

All main courses are available Monday to Saturday, 9am until 4.30pm. Sundays High Season 12—4 pm

MEAT DISHES	CHICKEN DISHES
<p><b>8oz BEEF BURGER</b> €9.90 Prime Irish Beef Burger on a Floury Bap with Onion Rings, Salad and Ballymaloe Relish, served with Salad &amp; Fries. (Add Bacon or Cheese €1.00)</p>	<p><b>CHICKEN CURRY</b> €8.90 Chicken Breast with Mixed Vegetables in House Curry Sauce, Served with Rice or Fries, or Both.</p>
<p><b>6oz SIRLOIN STEAK SANDWICH</b> €12.90 6oz of Prime Tusk Steak from Seamus Conway Butchers, served on Ciabatta Bread, with Fried Onion, Mushroom &amp; Onion Rings, served with Salad &amp; Fries.</p>	<p><b>CHICKEN STIRFRY</b> €8.90 Chicken Breast, Wok Fried in Sweet Chili Sauce with Seasonal Vegetables. Served with Egg Noodles.</p>
<p><b>PHILLY STEAK SANDWICH</b> €9.90 Prime Tusk Steak, Melted Irish Cheddar Cheese, Roasted Peppers &amp; Sautéed Onion served on Ciabatta Bread, served with Salad &amp; Fries.</p>	<p><b>CHICKEN CAESAR SALAD</b> €7.90 (Also available 1/2 Portion €6.00) Chicken Breast, Freshly Grilled Irish Bacon and Freshly Toasted Croutons, Served on a Salad Bed, and Drizzled with Caesar Dressing.</p>
<p><b>BEEF STIRFRY</b> €9.50 Steak Strips, Wok Fried with Mixed Vegetables in Soy Sauce, Served on a Bed of Egg Noodles.</p>	<p><b>CHICKEN FILLET BURGER</b> €8.50 Southern Fried Chicken Fillet, Served with Salad on a Floury Bap, Accompanied by Salad &amp; Fries.</p>
<p><b>HAM SALAD PLATE</b> €8.50 Chicken or Vegetarian option also available Seasonal Salads. Served with Homemade Brown Bread.</p>	<p><b>CHICKEN GOUJONS</b> €7.90 (Also available 1/2 Portion €6.00) Deep fried Breaded Chicken Fillets, Served with Sweet Chili Sauce, Salad &amp; Fries.</p>
<p><b>LOADED POTATO SKINS</b> €7.50 (Also available 1/2 Portion €6.00) Three Potato Skins filled with Bacon &amp; Grilled Red Peppers, and topped with Melted Irish Cheddar.</p>	<p><b>CHICKEN SALAD PLATE</b> €8.50 Breast of Irish Chicken, Served with Plate of Seasonal Salads. Accompanied by Homemade Brown Bread.</p>
FISH DISHES	VEGETARIAN DISHES
<p><b>BEER BATTERED COD</b> €8.90 Served with Mushy Peas, Salad, Fries &amp; Tartar Sauce.</p>	<p><b>3 EGG OMELETTE</b> €6.00 Add any Fillings of Your Choice €0.50 See Sandwich Menu on Reverse for Fillings Per Filling</p>
<p><b>BREADED FILLET OF PLAICE</b> €8.50 Served with Salad, Fries &amp; Tartar Sauce.</p>	<p><b>VEGETARIAN CURRY</b> €7.90 Seasonal Vegetables in House Curry Sauce. Served with Rice or Fries, or Both.</p>
<p><b>BREADED SCAMPI</b> €7.90 Served with Salad, Fries &amp; Tartar Sauce.</p>	<p><b>VEGETARIAN BREAKFAST</b> €7.50 See Reverse of Menu</p>
<p><b>TORPEDO KING PRAWNS</b> €8.90 (Also available 1/2 Portion €6.00) Served on a bed of House Salad with Sweet Chili Mayonnaise</p>	<p><b>BAKED POTATO</b> €6.50 With 2 Fillings of Your Choice See Sandwich Menu on Reverse for Fillings</p>
<p><b>TUNA SALAD PLATE</b> €8.50 Rod-Caught Tuna, Served with Plate of Seasonal Salads. Accompanied by Homemade Brown Bread.</p>	<p><b>VEGETARIAN STIRFRY</b> €7.90 House Vegetables, Wok Fried with Sweet Chili Sauce and Egg Noodles</p>

All our Beef is Sourced from Seamus Conway Butchers, Tusk.  
Our Chicken is Sourced from Gannon's Poultry, Carrick-on-Shannon.

Our food may contain traces of allergens such as Cereals containing Gluten, Crustaceans, Eggs, Fish, Peanuts, Soybeans, Milk, Nuts, Celery, Mustard, Sesame Seeds, Sulphur Dioxide and Sulphites, Lupins, Molluscs.

Please make your server aware of any Allergies